## CASE STUDY

# September 2024

#### **HALTON**

#### **BACKGROUND**

Mr H referred himself into the Alzheimer's Society as his mother has Alzheimer's and Fronto Temporal Dementia and has really declined these last few weeks. Mr H is struggling seeing his mother deteriorate and needs some advice. His father had also recently had a fall and there are currently no carers in place. Mr H does have brothers, but they do not assist in the day-to-day care of his parents.

### SERVICES PROVIDED

An initial assessment was conducted over the phone. The Dementia Adviser got a full insight into the mother's diagnosis, symptoms, family situation and established that she already claims PIP and universal credit. They are in the process of looking into an LPA and the Dementia Adviser provided more information on this to assist his understanding and offered our LPA Assistance Service which Mr H was interested in but wanted to run this by his father first. The Dementia Adviser also suggested a referral into Social Services for a full assessment to see if they could get some carers in place to take the pressure off Mr H. Again, Mr H was keen but wanted to have a conversation with his father before proceeding. They had been anxious about seeking additional support. The adviser explained what sort of care could be arranged, what an adult needs assessment would involve and the financial assessment.

#### **OUTCOMES**

Following the initial phone call the Dementia Adviser agreed to call back Mr H in a few days' time to arrange a house visit once Mr H had spoken to his father to ensure he wanted to be included in the meeting and happy for Mr H to proceed. Mr H advised that the memory clinic was due to see his

mother again in a few days and requested we wait to meet until they have been and re-assessed his mother. Mr H was provided with contact details for his assigned adviser and encouraged to ring again in the meantime if he needed any further help. This initial call reduced Mr H's anxiety about the changes in his mother's condition and provided him with the information he needed to consider some additional help to avoid him experiencing carer burnout, whilst also being empowered to make decisions for the future. The adviser contact Mr H again who had been grateful for the contact and information and an appointment was arranged for the adviser to visit at home and provide further information and advice on the next steps to getting extra support, as well as ways of coping with the symptoms associated with fronto-temporal dementia, which can cause changes in behavior and mood. Mr H and his mother and father will receive ongoing support throughout their dementia journey with keep in touch calls and further home visits if wanted.